



ECB UKCC3 Performance Coach Course

Elite Coach Development Programme

In partnership with



What is the ECB Performance Coach Course and what does it cover?

The ECB UKCC3 Performance Coach Course, the ECB High Performance Course (L3 CPD) and the ECB Master Coach Course (L4) all form part of the Elite Coach Development Programme. This new course has been designed specifically to meet the needs of coaches working with performance players in performance environments. The aim of the course focuses on developing and equipping coaches with the knowledge, skills and thinking to work effectively with the most talented young players and adult cricketers and teams. Coaches who primarily work in recreational playing environments and who do not meet the criteria for this course will now be supported through other coach education pathways.

Successful applicants to the course will be assigned a personal Mentor/Assessor who will hold an induction, be available at certain times for face to face or group meetings, and offer support, guidance and advice when needed during the learning journey.

The course contains the following themes:

- Coaching Philosophy of working with players in performance environments
- Communication Skills
- Learning Styles
- Leadership
- Tactical Awareness and Game Sense
- Movement, Alignment & Balance
- Biomechanics
- Skill Acquisition
- Planning
- Coaching Fielding
- Performance Analysis
- Team Coaching and Dynamics
- Coaching Pace Bowling
- Coaching Batting
- Coaching Spin Bowling
- Psychology and Mental Toughness
- Coaching Wicket Keeping
- Fitness for Cricket
- Spirit of Cricket



What are the coaching skills I can expect to develop?

- The exploration and development of a personal coaching philosophy
- Use a range of communication and inter-personal skills relevant to your players and teams
- Create accurate and meaningful performance profiles of players and teams using observational and performance analysis techniques including the ability to set, monitor and review goals
- Use of video analysis hardware and software to assist in player development
- The ability to promote and develop an effective learning environment with players and teams
- Understand the principles of planning for macro, meso and micro cycles within development programmes and how to apply them with your players and teams
- The ability to self-reflect on own coaching practice and action plan for future improvement
- The ability to conduct meaningful and relevant feedback with your players and teams
- The application of Technical, Tactical, Mental, Physical, and Lifestyle Management ideas
- Understand the principles of skill acquisition for cricket coaches
- Understand the relationship between, and integration of, the various skill components of performance

Who can apply?

The course is designed for coaches working in the following areas (male and female):

- County Age Group U13 and above
- Emerging Players Programme
- County Academy Programme
- County Professional Programme
- England Men's and Women's Development Programmes

The course is open to coaches from the following pathways:

- County Board Workforce Planning
- Coaches working in Performance Programmes in Clubs and Schools
- Professional Cricketers currently or previously playing in one of the First Class Counties in England and Wales
- ICC Europe
- Coaches involved in ECB-related Development Programmes overseas
- Coaches from the South Asian Community





What previous qualifications should I have and who needs to support my application?

To seek admission to the course you will be required to hold the following minimum qualifications and certificates:

- ECB UKCC2 coaching qualification
- ECB L2 qualification or an ECB recognised equivalent overseas coaching qualification
- Active Disclosure & Barring Service (DBS) check, Safeguarding and Protecting Children certificate (sportscoach UK) or ECB Safeguarding Young Cricketers online refresher, and First Aid certificate.

A candidate's application must be supported by an approved Endorsing Body. The following Endorsing Bodies are accepted:

- County Cricket Board
- ECB Coaches Association Rep
- County Academy Director
- County Director of Cricket
- ECB

What is the commitment required of me and how long will it take to get my UKCC3 Certificate?

The course is delivered over 8 group tutoring days spread over 3-4 months. There are areas of work, both practical and theory, to be completed prior to, during and after the course which make up the assessment process.

Completion of the course requires a high level of commitment from prospective candidates. Before accepting candidates onto the course the ECB will need to be satisfied that candidates fully understand the commitment required and have a positive intent to complete. The ECB will reject any application where it feels this is in doubt. Candidates must ensure that they are available to attend all 8 contact days of the course.

Each area of work will have a stipulated completion date which candidates must adhere to, and final completion and qualification must be completed within 9 months of registering on the course.



What personal and professional qualities do I need to apply?

During the application process ECB will be looking for the following personal and professional qualities in a coach:

- Open-mindedness
- A willingness to learn
- An ability to honestly and accurately reflect on their own and their players' and team's performance
- Previous experience of, or the potential to effectively work with performance players
- Evidence of actively applying knowledge from a UKCC2, L2 or overseas equivalent qualification in their coaching

How much will it cost?

The cost to the candidate is £750. ECB will invoice for the fee following successful application, and this **must** be paid before the start of the course. The ECB match each candidate's fee as part of our ongoing commitment to supporting the development of high quality cricket coaches.

What further development is available to me after I gain my certificate?

Following successful completion of the ECB UKCC3 Performance Coach Course there will be a number of opportunities to continue your development as a performance coach. They include:

- CPD opportunities on innovative and relevant themes to support your coaching practice
- The L4 Master Coach Course for coaches progressing to working in an elite coaching role (subject to acceptance by the Head of Elite Coach Development)

How do I apply?

If you think the Performance Coach Course is right for you and you can be endorsed by an approved Endorsing Body, please complete Part A of the Application Form. This will be sent to your nominated Endorser, who will complete Part B and submit the completed form to the ECB. Please note that it is your responsibility to ensure that the form reaches both your Endorser and ultimately the ECB.

After analysing all applications we will invite short-listed candidates to attend regional interviews, from which the final selections for the course will be made. The interview process is designed to ensure that the candidate is aware of the commitment required and to assess their suitability for the Performance Coach Course.

