

SUFFOLK CRICKET

WOMEN'S SOFTBALL CRICKET

# PAIRS RULES 

## Rules:

6 ball overs
2 overs per pair

- 5 runs for getting out

Bowling extras 2 runs
Start innings on 200 runs

## One over per bowler

## Equipment Required:

 two sets of stumps, one incrediball, two bats, crease markers, a boundary