



SUFFOLK
CRICKET

Course Programme

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Welcome to the 2022 Spring Suffolk Cricket Course Programme

Online booking is now available for most of our courses. Please click through from the link within the course details if viewing this document online.

Some courses are not yet available to book, but please contact Vic Taylor vtaylor@suffolkricket.org to register your interest and you will then be sent booking details just as soon as they are available.

In addition, if you'd like to take a course but the dates available don't suit you, please get in touch. Whilst we do require a minimum number of candidates to run a course, we do look to add to the programme where there is demand so let us know that you are interested, and we'll see what we can do.

General Booking Terms & Conditions

Payment must be made in full before candidates can attend any courses. Booking will be confirmed on receipt of application acceptance and payment, and additional online booking terms and conditions apply.

SCB reserves the right to cancel a course if minimum numbers are not achieved. Every effort will be made to offer an alternative course. In the event of cancellation by SCB all fees will be refunded to candidates in full.

If a candidate wishes to withdraw from the course prior to the start date the SCB will offer a refund only if the place can be filled from a waiting list.

If a candidate misses any part of the course or is unable to complete the course, the SCB reserve the right to refund at their discretion.

Priority may be given to those candidates who are members of the ECB Suffolk Cricket Board Affiliated Clubs and schools.

If you are unsuccessful in gaining a place on the course your payment will be returned in full.

ECB Support Coach – Ages 16+

Course 1

Venue: Ipswich School, Henley Road, Ipswich IP1 3SG

Date: Saturday 12th March

Time: 9.30am – 12.30pm

Cost: £50

Closing date for applications: 26th February

To book: [Click Here](#)

Course 2

Venue: Bury St Edmunds CC, Nowton Road, Bury St Edmunds IP33 2BT

Date: Sunday 22nd May

Time: 9.00am – 12.00pm

Cost: £50

Closing date for applications: 8th May

To book: [Click Here](#)

The ECB Support Coach course is suitable for anyone age 16+ looking either to help out at their local club or to start on the ECB Coaching pathway. It is particularly aimed at those who are keen to assist the Lead Coach deliver junior sessions at their local club. The course will enable you to help in the delivery and organisation of games and training sessions. This vital role supports the coach in action and the development of players within the club environment.

The course will cover the following:

- How to run warm ups and cool downs
- Running a variety of small sided games
- Umpiring and scoring junior matches
- Team management (juniors)

Candidates **must** apply for an ECB DBS certificate and an eLearning module **prior** to attending the taught course day. This is a practical course and candidates should wear sports clothing, bring lunch and plenty to drink. Please note that the minimum age for attending this course is 16 years old and we cannot make exceptions to this.

ECB Foundation I - Ages 17/18+

Course 1

Course Venue: Bury St Edmunds CC, Nowton Road, Bury St Edmunds IP33 2BT

Course Dates: Day 1 – Saturday 19th February, Day 2 – Saturday 5th March

Course Times: 9.00am – 4.30pm

Cost: £150

Closing date for applications: 5th February

To book: [Click Here](#)

Course 2

Course Venue: Stowupland CC, Church Road, Stowupland, IP14 4BQ

Course Dates: Evening 1 – 23rd May, Evening 2 – 24th May, Evening 3 – 6th June, Evening 4 – 7th June

Course Times: 6.00pm – 9.00pm

Cost: £150

Closing date for applications: 9th May

To book: [Click Here](#)

ECB Foundation I Coach is a new coach development programme and qualification that has been created to help more people take their first steps into coaching cricket.

A blend of e-learning and face-to-face modules led by ECB Coach Developers will explore what coaching looks like, the impact you can have as an ECB Foundation I Coach, the skills you can help players to develop and how you can learn from your experiences.

By committing yourself to this programme and becoming a qualified coach you will become an important part of the ECB's coaching family that works together to help players improve. stay safe and learn at every stage of their development.

This programme has been designed to give learners the knowledge, skills and confidence to coach cricket sessions that are active, purposeful, enjoyable and safe.

An ECB Foundation I Coach will be qualified to lead coaching sessions independently and without supervision.

It is now the entry level qualification required to coach cricket.

Content

- Role of an ECB Foundation I Coach
- What does coaching look like?
- icoachcricket
- Coaching fielding, bowling and batting
- Foundation principles – fielding, bowling and batting
- The coaching tools

For all course enquiries please contact Vic Taylor at Suffolk Cricket vtaylor@suffolkcricket.org

- Purposeful sessions
- Active sessions
- Safe sessions
- Enjoyable sessions
- Differentiation

Commitment

- 4 face-to-face modules lasting 3 hours each
- 7 bitesize e-learning modules lasting 10-15 minutes each
- 3 observed coaching opportunities during face-to-face modules and an online multiple choice questionnaire

It is compulsory that an ECB DBS check is obtained before the start of the course.

First Aid Course

Course Venue: Bury St Edmunds CC, Nowton Road, Bury St Edmunds IP33 2BT

Course Dates: Thursday 7th April

Course Times: 6.00pm – 9.00pm

Cost: £20

Closing date for applications: 24th March

To book: [Click Here](#)

ECB Core Coach – Ages 17/18+

Course Venue: Bury St Edmunds CC, Nowton Road, Bury St Edmunds IP33 2BT

Course Dates: Day 1 – Sunday 24th April, Day 2 – Sunday 1st May, Day 3 – Sunday 8th May, Day 4 – Sunday 15th May

Course Times: 9.00am – 5.00pm

Cost: £300

Closing date for applications: 10th April

To book: [Click Here](#)

This programme is one part of a wider strategic response to needing more coaches on the ground able to inspire and develop players. ECB Core Coach will replace the ECB Certificate in Coaching Children's Cricket and ECB Certificate in Coaching Young People and Adults' Cricket provision. This programme has been designed to give learners the knowledge, skills and confidence to lead player-centred coaching sessions. An ECB Core Coach will be qualified to lead coaching sessions independently and without supervision.

The course is suitable for those aged 17 and over wishing to become qualified to coach cricket, inspire and develop players and make a difference to the game.

This course is for candidates who have previous cricket or coaching experience and are looking to coach on a regular basis at their club or school. If you are a parent, volunteer helper or looking to take your first steps onto the coaching pathway, we would strongly advise that you look into the Foundation 1 Coach course or a Support Coach Course.

Coaches will be required to book onto the course and make the full payment prior to attending. Candidates will be required to attend all modules of the course in order to achieve certification.

- 8 face-to-face modules – 3 hours each
- 17 years of age to enter – 18 years of age to certificate
- Assessment – observations, multiple choice and short answer questions
- Certification pre-requisites – valid ECB DBS and valid safeguarding training

Key themes

- Role of an ECB Core Coach
- icoachcricket
- Player-centred planning process
- Player development
- Core principles – batting, bowling (pace and spin), fielding and wicketkeeping
- Tactical, physical and mental skills
- Coaching tools
- Practice types
- Safety
- Differentiation