



101

# YOUNG LEADERS IN CRICKET PROGRAMME

Role. Opportunity. Leadership. Excellence

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# Life Skills

*"We take the skills learnt from sport into other areas of life and this is the purpose of the Young Leader Programme"* 







# The Purpose of the Programme

To provide the opportunity for Young People between the age of 14 to 16 (Year 9 &10) to acquire skills and competency in leadership and life skills that will allow them to volunteer within the community of their cricket club and/or school.

To retain young people in volunteering by investing quality time and resources into a specialised programme.

To retain young people in cricket by involving them in club life and creating awareness about the operating requirements for a community sports club.

To broaden the gender and diversity base of young volunteers within the game to become role models in their club, school and community and become administrators of the future.

Make the programme sustainable through fundraising but also to demonstrate the wider societal commitment of the game through the additional charitable fundraising\*

\* Over £70k raised by Young Leaders for external charities or causes.





# The Programme

Comprises 4 face to face modules plus 2 online workshops to progress potential young leaders towards informed volunteering.

Age range is 14-16yr old girls and boys. Years 9 & 10.

It utilises the values, leadership and the life skills characteristics which are embodied within cricket.

A pioneering initiative for retaining young people in cricket and sport.

Additional online learning modules arranged with topics such as bio diversity, enhanced coaching techniques etc.

The programme is overseen by a group donating management time voluntarily and it is self funding with your help.





# The Training the Modules and Timings

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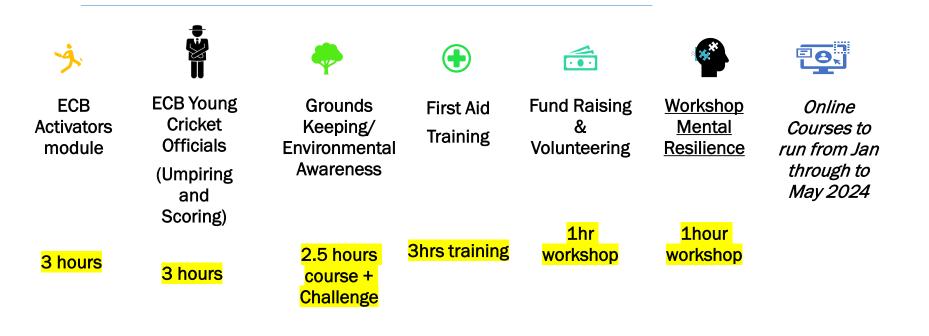








# What training do you receive?



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Cardiac

oung

Registered Charity No: 1050845

**Risk** in the











Mental Resilience & Fundraising with social media	Weekly From January to June	Online early evening 6-7pm
Face to Face	April Easter Holidays: 2 <sup>nd</sup> April - 15 <sup>th</sup> April 2024 (can differ area/area)	YCO / Activator / First Aid Full Day
Face to Face	Half-term holiday: 27th May - 31st May 2024 (can differ area/area)	Groundskeeping / YCO / Activator / First Aid Full Day













# Junior Activators Course Content



#### What to coach skills

Coaching activities/games Pass and move Relay catching Basic batting and bowling

#### How to coach skills

Provide instructions and explanations Provide demonstration Organize Warm-up and cool-down Establish and maintain a fun and safe environment



## Module 2

Cardiac

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Registered Charity No: 1050845

**Risk** in the

#### What to coach skills

Continuous/non stop cricket Quick runs and safe catching Pairs cricket

#### How to coach skills

Build rapport/relationships Keeping it safe Make it fun Organisation Adapt sessions to individuals Supported By

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RUTH STRAUSS









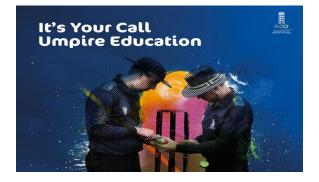
# ECB Young Cricket Officials Course Content

## Young Umpires Course

Roles and Responsibilities, Pre-match duties, Dismissal, Extras, Positioning and Player Management

### **Club Scorer Online Course**

Roles and Responsibilities , Preparation. Symbols and Signals. Play Cricket Scorer (PCS)





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# **Grounds Keeping Course / Environmental Awareness**

Understand the tools and machinery used for effective maintenance of sports pitches. Set a challenge to improve the environment we play in.

- How you can contribute to the upkeep of your playing surfaces
- The Science of grass pitches
- Cricket and the Environment
- Its Impact/ How we can mitigate
- Environmental Challenge at your club/school/community

#### Setting out and marking out:



Pitches and squares - practical application of skills

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# Assessing an incident:

- Dealing with casualties, prioritise first aid treatment.
- Assist someone in saving lives using CPR and AED (Defib) skills.

# **Recognition and treatment of:**

- An unconscious and breathing normally casualty (safe airway position).
- An unconscious and not breathing normally casualty (CPR).
- How to use an AED.

BizNav

Chartered Accountants



Cardiac

Registered Charity No: 1050845

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## Introduction for an event held at Lords last winter

"Talking about 'Young Leaders in First Aid. Amongst Cricket is an us we have a true example of a programme that is hero, a young helping both young *man through his* quick thinking and people to understand various putting in to key roles in cricket **practice his** clubs as well as hel *learning form the* nurture and course did develop potential something volunteers for the remarkable for future' someone at his tender age... May I please invite

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Henry to the

platform to talk through the

incident and what

actions he took...'







# How the Programme is Funded

- There is a £70 subscription to join the programme.+
- Each Young Leader is expected to **fundraise £60** to cover the balance of the costs of the programme\*
- This way we make the programme self funding our costs are incurred by the Trainers, venues (where required), training resources and the administration.

Note – our management time is donated by us.

- \* We donate a percentage of any annual surplus to the charity CRY (Cardiac Risk in the Young) and The Ruth Strauss Foundation.
- \*\* The Young Leaders are also encouraged to raise funds for other causes and over the period this has been in excess of £65k
- + No candidate is excluded on financial grounds, please speak to us about our hardship fund.





# Young Leaders Fundraising Module - Explained

We encourage all leaders to embark on a fundraising project for the year. The target will be  $\pounds 60$  per leader.\*

Working as a group to achieve the individual target to develop teamwork.

Funds raised will be ploughed back to ensure future generations benefit from the programme.

An insight and training into how your club or school raises money to sustain itself.

\*This helps to cover the delivery costs of the programme to make it self-sustaining





Israel has raised £190 by

completing a 5k park run.

Israel!



They have raised over £400 with a bake sale whilst the club opened their new nets. They plan to keep raising money for their club - Steventon CC - for an electronic



IN CRICKET

# YOUNG LEADERS IN CRICKET **Fundraising Friday**

#### **Meet Jake**



Jake has been busy riding his bike to help raise funds for his club -Clifton CC. Jake has raised over £1050 to help repair the damage caused by some burst pipes over the winter! **Great work Jake!** 

YOUNG LEADER IN CRICKET Fundraising Fri Meet Joseph & George



**Joseph and George** hosted a Family **Bingo Night which** raised nearly £270 and are donating it to their club -Seaford CC

#### YOUNG LEADER IN CRICKET **Fundraising Friday**

Meet Joe

Joe seeded some vegetable and flowering plants over Easter to sell at his local cricket club - Crowthorne and Crown Wood CC. Joe raised just over £130 in which £80 is being donated to his club. Outstanding work!



**Fundraising Friday** Meet Kieran Kieran has raised £466 by walking 30km. Kieran, of Normandy CC is

donating his money to Chris' Charity projects to help build Science Labs in schools in Kenya, a brilliant cause.

Well done Kieran!

Fund Raising Events 2023

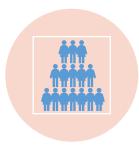
YOUNG LEADE IN CRICKET **Fundraising Friday** Bethany held a bake sale at Catford & Cyphers in the pouring rain for her fundraising. Bethany raised £133 with £83 going towards girls cricket at her club!



**Meet Bethany** 



# What is expected of a Young Leader



First and foremost we want you to get maximum enjoyment and a sense of self fulfillment from the programme. What you learn will benefit your understanding of the game and the pleasure of working both on your own and with a team...a bit like cricket really!



We require that you put back 20 hours of volunteering into your club, school or local community. The majority of YL's put in more than this and we suggest you volunteer in a at least two different venues to get maximum benefit for your volunteering. All hours to be signed off by a Tutor or Teacher..



We ask each young leader to raise £60 through fund raising and we strongly recommend that this is done as a team. The purpose is to take on a project to learn the benefits of goal planning, team work and event management. The first £60 comes to the programme and any additional funds you raise go to the charity or a cause of your choice.



We ask for your commitment to the programme, attend all the courses - both face to face and online. We require the Young Leader, the parents or guardian or carer and the club to sign a Pledge which acts as support for the Young Leader

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# A Summary for the Route to the Programme

Enthuse Meeting – Parent/Guardian and Young Leader

Signing the pledge\* - club/parent/guardian/YL

Registering online, paying the fee<sup>+</sup>

Booking onto courses

Role of club co-ordinator

Providing volunteering opportunities by club, school or community

\*We will give more details on this

\*No candidate is excluded on financial grounds













YOUNG LEADERS

Communicating with Parents

- Once you have registered for the programme, a link will be sent to you to join our communications platform SPOND.
- All the courses are listed for your area and you will be able to book directly from the App.
- All announcements are also made via the App.
- The Young Leaders progress is listed as they complete their training so you can keep a tab on it.
- The Cricket Leaders website will also carry course information.

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www.CricketLeaders.org.uk



Certificates are awarded at an season event at a suitable local venue 5 end















# Signing Up to the Programme



https://www.cricketleaders.org.uk/register-for-young-leaders-in-cricket/









