

JOIN THE **Super 1s**



**All disabilities welcome
Ages 12-25**

CHALLENGE YOURSELF
BE MORE ACTIVE
IMPROVE YOUR SKILLS
MAKE NEW FRIENDS

**FREE inclusive
cricket sessions!**

WHEN:

Mondays 5pm - 6pm
(from 21 Oct - 9 Dec 2024 then
13 Jan - 14 Apr 2025)
No session on 3 March

WHERE:

Gainsborough Sports Centre
5 Brazier's Wood Road
Ipswich IP3 0SP

**SIGN UP
HERE:**



www.suffolkricket.org/super-1s



LORD'S TAVERNERS
Empowering young people through cricket

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