



Suffolk Cricket - Trial Videos

As part of our player identification process, all prospective players are required to submit trial videos for assessment. This allows our coaching team to review players consistently before inviting selected players to the next stage of the trial process.

The videos are used for three key purposes:

- **To assess player safety and readiness** to attend a Suffolk trial session.
- **To assess current ability and technique** across the relevant disciplines.
- **To provide a visual reference for coaches**, enabling meaningful feedback to be given to players who are unsuccessful at this stage of the process.

Please note that we are **not assessing the quality of facilities, equipment or video production**. We are simply looking to see the player perform the required skills. There is no need for professional filming, editing or specialist facilities. A clear recording in a training environment is all that is required.

Video Submission Requirements

All footage should be recorded in a training environment at your own home, local cricket club or school. **Videos must not be recorded during a match.**

Batting Video

1 video containing 10 balls

Film from the umpire's view and include 10 deliveries in a single video.

The video must clearly show the batter from head to toe and the point where the ball pitches/bounces.

Bowling Video

2 videos containing 6 balls in total.

3 balls filmed from behind, including the start of the run-up.

3 balls filmed from the side (chest-side view).

The footage should allow coaches to clearly assess bowling action, run-up and delivery.

Wicket Keeping Video

2 videos containing 18 balls in total:

6 catches from the front, standing up to the stumps.

6 catches from the front, standing back from the stumps.

6 catches from the side, standing up to the stumps.

The footage should allow coaches to assess technique, movement and glove work.