



SYC Player Characteristics 2020 and beyond

SYC Objectives

1. Develop and nurture a love for the game, and our county
2. Create an environment where players can reach their full potential
3. Improve on the cricketers raw ability and access potential
4. Develop home grown Nation Counties Cricketers

Player Overview

- Team Player
- Passionate about the game and personal development
- Motivated
- Resilient
- Ambitious

Physical

- Athletic
- Strong core
- Motivated to improve stamina, speed and strength
- Ability to be explosive with their movements
- Basic understanding of nutrition and available support

Batting

- Consistently gets in to sound positions (Head position and Balance)
- Ability to adapt to situations presented with
- Good bat flow, path and presents full face of bat
- Has the ability to score runs
- Decisive

Fast Bowlers

- Is a wicket taker
- Ability, and sustainability, to generate pace
- Repeatable, safe and aligned action
- Effective in all forms of limited over cricket (variations)

Spin Bowlers

- Is a wicket taker
- Ability to get revolutions on the ball to get spin, drift, dip and bounce

- Has control
- Strong mindset and willingness to bowl under pressure

Fielding

- Wants the ball
- Sound ready position to allow visibility and access to ball
- Athletic and moves effectively
- Ability to read the game and anticipate the ball
- Strong throwing action

Wicket Keepers

- Good, great, hands. Ability to catch cleanly with both
- Shows ability to drive players in difficult times
- Athletic
- Brave